

## **ACUPUNCTURE TREATMENT FEES AND PLANS**

**Initial Health History and Private Personalized Acupuncture Visit: 1.5 hours -- \$130\***

\*\$20 discount with the purchase of any treatment plan

**Follow-Up Private Personalized Acupuncture Visit: 1.25 hours - \$85**

**5 Basic Plan: Five 1.25-hour follow-up visits - \$425 (\$85/visit)**

Minimum sessions needed to achieve benefits

**10 Session Plan: Ten 1.25-hour follow-up visits - \$800 (\$80/visit)**

### **How do I choose a treatment plan?**

I recommend a treatment plan at the end of your Initial Visit based on your condition. I typically recommend that you commit to at least the Basic Plan initially. This is because, from experience, I know it takes at least five to six treatments to see results. Time and again I've seen patients give up after just two or three treatments thinking that acupuncture is like taking a pill. It is not. It's a healing process that takes time and commitment. When I've failed to require patients to adhere to my minimum recommendation, I've failed them, and they've wasted their money.

### **What is the recommended plan based on?**

My treatment plans are designed to allow you to achieve optimal wellness. The length of time recommended for treatment depends on you and your condition. I consider first, your general health, other health issues and life-style situations, followed by the length of your illness, the severity, and prior treatment methods to determine what your plan might look like. In general, the more chronic and long-term the condition, the longer it takes to address. On occasion, acute conditions can be treated in fewer than six sessions and I will accommodate as needed.

### **Fees and Insurance**

Fees are payable at the time of visit, or in advance for Plan purchases. We accept cash, checks, charge cards, health saving accounts and Venmo. \$50 charge for less than 24-hour cancelations.

If you carry health insurance that covers my services, it is your responsibility to verify coverage, submit claims and follow-up on reimbursement for your visits. I can provide an invoice with diagnostic and treatment codes for your condition; however, I cannot guarantee your insurance will accept these for reimbursement.