

## **ACUPUNCTURE TREATMENT FEES AND PLANS**

**Initial Health History and Private Personalized Acupuncture Visit: 1.5 hours -- \$205\***

\*\$165 with \$40 in-person exam and evaluation discount offer

**Follow-Up Private Personalized Acupuncture Visit: 1.25 hours - \$125**

**5 Basic Plan: Five 1.25-hour follow-up visits - \$550 \*Save \$75 (\$110/visit)**

Minimum sessions needed to achieve benefits

**10 Session Plan: Ten 1.25-hour follow-up visits - \$1025 \*Save \$225 (\$102.50/visit)**

**20 Session Plan: Twenty 1.25-hour follow-up visits - \$1950 \*Save \$550 (97.50/visit)**

Note: 5 and 10 Session Plans must be used within 12 months. 20 Session plans within 18 months.

### **How do I choose a treatment plan?**

I recommend a treatment plan at the end of your Initial Visit based on your condition. I typically recommend that you commit to at least the Basic Plan initially. From experience, it takes at least five to six treatments to see results. I've seen patients give up too soon thinking that acupuncture is like taking a pill. It is not. It's a healing process that takes time and commitment. When I've failed to require patients to adhere to my minimum recommendation, I've failed them, and they've wasted their money.

### **What is the recommended plan based on?**

Treatment plans are designed to allow you to achieve optimal wellness. The length of time recommended for treatment depends on you and your condition. I consider first, your general health, other health issues and life-style situations, followed by the length of your illness, the severity, and prior treatment methods to determine what your plan might look like. In general, the more chronic and long-term the condition, the longer it takes to address. On occasion, acute conditions can be treated in fewer than six sessions and I recommend only what is needed.

### **Fees and Insurance**

Fees are payable at the time of visit, or in advance for Plan purchases. We accept cash, checks, Visa, MasterCard, Discover, HSA or FSA accounts, Zelle and Venmo.

**\$25-50 charges for less than 48-hour cancellations (see office policies for cancellation details).**

If you carry health insurance that covers my services, you are responsible to verify coverage, submit claims and follow-up on reimbursement. I provide an invoice with diagnostic and treatment codes, however, I cannot guarantee your insurance will accept these for reimbursement.